

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pickavet Elien

Coaches: Demeyere Linda HEADCOACH

Coaches: Desplenter Sharon

Coaches: Vandeputte Debby

Coaches: Desmet Lindsay

Coaches: Vandeputte Pedro

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+

Heat:1, starttime: 14:00

Heat: 1/2 Lane : 7 Athlete: VANBRABANT ESBEN

Q-time: 03:36:20

PB (25m pool): 03:36.20 Meulebeke 19/04/2026

PB (50m pool): 03:42.03 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.00		01:43.35		no time		03:36.20
		00:48.00		00:55.35				
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+

Heat:4, starttime: 14:14

Heat: 4/12 Lane : 7 Athlete: DECOUTTERE EMMA

Q-time: 01:13:80

PB (25m pool): 01:13.80 Zwembad De Treffer 06/04/2026

PB (50m pool): 01:15.80 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:13.80	
		00:35.67		00:38.13	
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+

Heat:8, starttime: 14:21

Heat: 8/12 Lane : 4 Athlete: NOPPE PAULINE

Q-time: 01:05:28

PB (25m pool): 01:05.28 Zwembad De Treffer 06/04/2026

PB (50m pool): 01:06.40 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.25		01:05.28	
		00:31.25		00:34.03	
					

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:22
Heat: 9/12 Lane : 0 Athlete: DEPUYDT HASSE					Q-time: 01:05:14
PB (25m pool): 01:05.14 Zwevegem 11/05/2025					PB (50m pool): 01:05.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.63		01:05.14	
	00:31.63		00:33.51		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:24
Heat: 10/12 Lane : 7 Athlete: VERSTRAETE LINDE					Q-time: 01:03:15
PB (25m pool): 01:03.15 Zwevegem 31/05/2026					PB (50m pool): 01:04.43 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.59		01:03.15	
	00:30.59		00:32.56		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:25
Heat: 11/12 Lane : 7 Athlete: SCHACHT HANNE					Q-time: 01:01:44
PB (25m pool): 01:01.44 Ieper 04/01/2026					PB (50m pool): 01:04.56 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.28		01:01.44	
	00:29.28		00:32.16		
					

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:29	
Heat: 1/11 Lane : 4 Athlete: VANHEE NIEL							Q-time: 03:28:15	
PB (25m pool): 03:43.16 Diksmuide 12/10/2025				PB (50m pool): 03:36.00 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.99		01:47.71		02:49.40		03:43.16
	00:52.99		00:54.72		01:01.69		00:53.76	
								

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:29	
Heat: 1/11 Lane : 7 Athlete: CARDINAEL MILAN							Q-time: 03:47:13	
PB (25m pool): no time			PB (50m pool): 03:47.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:37	
Heat: 3/11 Lane : 3 Athlete: SINNESAEEL CASPER							Q-time: 03:06:28	
PB (25m pool): 03:06.28 DIKSMUIDE 30/11/2025				PB (50m pool): 03:08.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.88		01:32.47		02:27.82		03:06.28
	00:46.88		00:45.59		00:55.35		00:38.46	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:37	
Heat: 3/11 Lane : 4 Athlete: STEEN REMI							Q-time: 03:04:70	
PB (25m pool): 03:07.05 Zwembad De Treffer 06/04/2026				PB (50m pool): 03:04.70 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.44		no time		no time		03:07.05
	00:48.44							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:37	
Heat: 3/11 Lane : 8 Athlete: VANBRABANT ESBEN							Q-time: 03:09:58	
PB (25m pool): 03:09.58 DIKSMUIDE 30/11/2025				PB (50m pool): 03:10.66 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.24		01:32.77		02:27.53		03:09.58
	00:46.24		00:46.53		00:54.76		00:42.05	
								

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 11: 200M MEDLEY MEN 11+							Heat:6, starttime: 14:48	
Heat: 6/11 Lane : 4 Athlete: VANDEPUTTE JORBE							Q-time: 02:46:97	
PB (25m pool): 02:46.97 DIKSMUIDE 30/11/2025				PB (50m pool): 02:47.55SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.84		01:21.58		02:09.82		02:46.97
	00:37.84		00:43.74		00:48.24		00:37.15	
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 15:07
Heat: 1/4 Lane : 6 Athlete: DECOUTTERE EMMA				Q-time: 01:42:09	
PB (25m pool): 01:42.32 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:42.09 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.59		01:42.32	
	00:48.59		00:53.73		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+										Heat:3, starttime: 15:11	
Heat: 3/4 Lane : 8 Athlete: DE WEVER MAUD										Q-time: 01:27:80	
PB (25m pool): 01:27.80 Diksmuide 08/02/2026										PB (50m pool): 01:31.61 SB: no time	
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:41.75				01:27.80				
	00:41.75				00:46.05						
											

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+						Heat:4, starttime: 15:13	
Heat: 4/4 Lane : 8 Athlete: VELGHE LAURA					Q-time: 01:23:09		
PB (25m pool): 01:23.09 Temse 17/11/2025				PB (50m pool): 01:29.30 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:39.63		01:23.09			
	00:39.63		00:43.46				
							

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 16:02	
Heat: 2/3 Lane : 8 Athlete: VERSTRAETE LINDE							Q-time: 04:55:67	
PB (25m pool): 04:55.67 Diksmuide 12/10/2025				PB (50m pool): 04:57.95 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.93		01:11.47		01:49.30		02:26.87
	00:33.93		00:37.54		00:37.83		00:37.57	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.03		03:42.73		04:20.18		04:55.67
	00:38.16		00:37.70		00:37.45		00:35.49	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 16:08	
Heat: 3/3 Lane : 9 Athlete: SCHACHT HANNE							Q-time: 04:48:21	
PB (25m pool): 04:55.33 Brugge 20/10/2024				PB (50m pool): 04:58.28SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.46		01:10.18		01:47.75		02:25.85
	00:33.46		00:36.72		00:37.57		00:38.10	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:03.92		03:42.12		04:20.08		04:55.33
	00:38.07		00:38.20		00:37.96		00:35.25	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:1, starttime: 16:14	
Heat: 1/9 Lane : 7 Athlete: CARDINAE MILAN							Q-time: 00:54:51	
PB (25m pool): no time				PB (50m pool): 00:54.99 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:17
Heat: 3/9 Lane : 0 Athlete: VANHEE NIEL			Q-time: 00:42:37
PB (25m pool): no time			PB (50m pool): 00:42.37 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:17
Heat: 3/9 Lane : 7 Athlete: STEEN REMI			Q-time: 00:41:86
PB (25m pool): 00:46.35 Temse 17/11/2025			PB (50m pool): 00:41.86 SB: no time
	2 5 M	5 0 M	
PB		00:46.35	
	00:46.35		
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:19
Heat: 5/9 Lane : 1 Athlete: VANDEPUTTE JORBE			Q-time: 00:36:23
PB (25m pool): 00:36.23 DIKSMUIDE 30/11/2025			PB (50m pool): 00:36.92 SB: no time
	2 5 M	5 0 M	
PB		00:36.23	
	00:36.23		
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:19
Heat: 5/9 Lane : 9 Athlete: SINNESAEEL CASPER			Q-time: 00:37:13
PB (25m pool): 00:39.93 DIKSMUIDE 30/11/2025			PB (50m pool): 00:37.13 SB: no time
	2 5 M	5 0 M	
PB		00:39.93	
	00:39.93		
			

Coach feedback:

PK KB WVL 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 16: 50M BACKSTROKE WOMEN 13+						Heat:2, starttime: 16:26	
Heat: 2/3 Lane : 3 Athlete: NOPPE PAULINE						Q-time: 00:34:38	
PB (25m pool): 00:34.38 Zwembad De Treffer 06/04/2026						PB (50m pool): 00:35.73 SB: no time	
	2 5 M	5 0 M					
PB		00:34.38					
	00:34.38						
							

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+							Heat:2, starttime: 16:26	
Heat: 2/3 Lane : 6 Athlete: DEPUYDT HASSE							Q-time: 00:34:98	
PB (25m pool): 00:36.43 Diksmuide 01/12/2024							PB (50m pool): 00:34.98SB: no time	
	2 5 M		5 0 M					
PB			00:36.43					
	00:36.43							
								

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+						Heat:1, starttime: 16:50		
Heat: 1/2 Lane : 4 Athlete: TEAM IKZ 1						Q-time: 02:11:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+						Heat:2, starttime: 16:59		
Heat: 2/2 Lane : 5 Athlete: TEAM IKZ 1						Q-time: 01:55:00		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: